

Elizabeth Lee Black Gluten Free Lunch Summer Menu

July-August 2023



		5. Grilled Chicken Patty on a GF Bun Baked Beans Assorted Fruit Milk	6. GF Pasta & Meatsauce Steamed Peas Assorted Fruit Milk	7. GF Cheese Pizza Steamed Mixed Vegetables Assorted Fruit Milk
10. Juicy Cheeseburger on a GF Bun Steamed Corn Assorted Fruit Milk	11. GF Grilled Cheese Sandwich Steamed Green Beans Assorted Fruit Milk	12. Beef and Cheese Nachos w/GF Sliced Bread Homestyle Refried Beans Assorted Fruit Milk	13. Grilled Chicken & GF pasta Steamed Carrots Assorted Fruit Milk	14. GF Cheese Pizza Steamed Cauliflower Assorted Fruit Milk
17. BBQ Pork on GF Bun Vegetarian Beans Assorted Fruit Milk	18. Grilled Sweet & Sour Diced Chicken W/ Rice Steamed Golden Corn Assorted Fruit Milk	19. Grilled Chicken & Pasta Steamed Green Beans Assorted Fruit Milk	20. GF Pasta & Meatsauce Steamed Carrots Assorted Fruit Milk	21. GF Cheese Pizza Steamed Cauliflower Assorted Fruit Milk
24. Beef & Cheese Nachos & GF Sliced bread Refried Beans Assorted Fruit Milk	25. BBQ Grilled Chicken on GF Bun Steamed Cauliflower Assorted Fruit Milk	26. Cheeseburger on GF Bun Steamed Broccoli Assorted Fruit Milk	27. Grilled Chicken Patty on GF Bun Oven Roasted Carrots Assorted Fruit Milk	28. GF Cheese Pizza Steamed Peas Assorted Fruit Milk
31. GF Grilled Cheese Sandwich Steamed Carrots Assorted Fruit Milk	1. Grilled chicken & GF Pasta Steamed Corn Assorted Fruit Milk	2. GF Pasta & Meatsauce Steamed Broccoli Assorted Fruit Milk	3. BBQ Pork on GF Hamburger Bun Baked Beans Assorted Fruit Milk	4. GF Cheese Pizza Steamed Cauliflower Assorted Fruit Milk

Lunch Milk Choices Daily:

Fat Free Chocolate or 1% White

In order to qualify for a reimbursable lunch this meal must include the following components:
Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

Daily alternate menu options: Wow Butter & Jelly Sandwich w/ Cheesestick or Cheese Sandwich

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director's Office of Civil Rights, Room 325-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (202)720-5964 (voice and TDD).

MENUS SUBJECT TO CHANGE